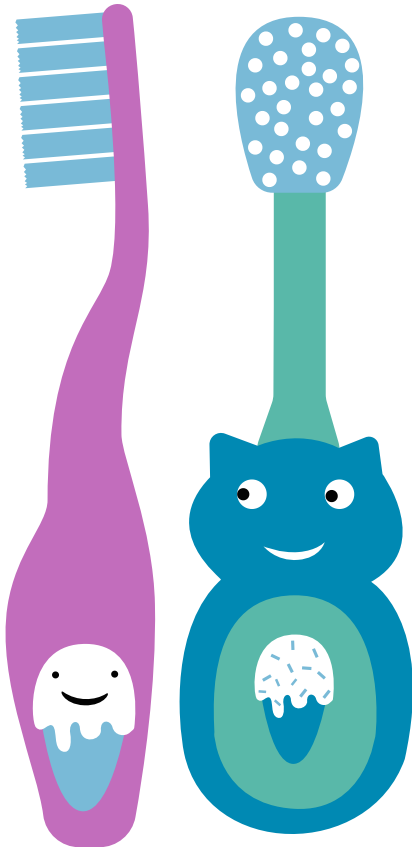


# How to Choose the Toothbrush for Your Child.

As soon as your child has teeth, he should have his very own toothbrush.

## Guidelines for choosing a toothbrush for your child:



- Choose smaller, child-sized toothbrush heads with large handles; These are more comfortable.
- Look for a brush with soft bristles that will not hurt gums.
- Change toothbrushes every three to four months, or sooner if your child chews on their toothbrush or has been sick.
- A child should have their very own toothbrush. Children may enjoy picking out their own toothbrush.

Visit the dentist regularly so they can observe your child's dental development.

Material adapted from the South Carolina Department of Health and Environmental Control, Division of Oral Health.  
Source: <https://scdhec.gov/sites/default/files/Library/CR-010418.pdf>

